### COVID-19 UPDATE 11/13/20

### Updated Public Health Information (as of 11/12/20):

• 398 Confirmed (cumulative) Cases in Town of which 16 are active cases. This shows an increasing trend, which continues to be less than the Town experienced in April & May.

### Town/School/Community:

- We currently have 50% of employees working in the office/50% working remote and opened to the public by appointment (only) as of 10/19. We have continued to review positive cases in the state/region and have scheduled a meeting of health officials and town management to review the current statistics and develop a plan as the positive cases continue to rise to ensure we are prepared to take quick action should it be appropriate.
- We continue with no employees that are presently positive with COVID-19.
- We continue to have a regular, COVID-19 conference call every Wednesday morning at 9 AM (skipped on Veterans Day) with the Senior Management Team and Health Officials.

#### Lexington Data

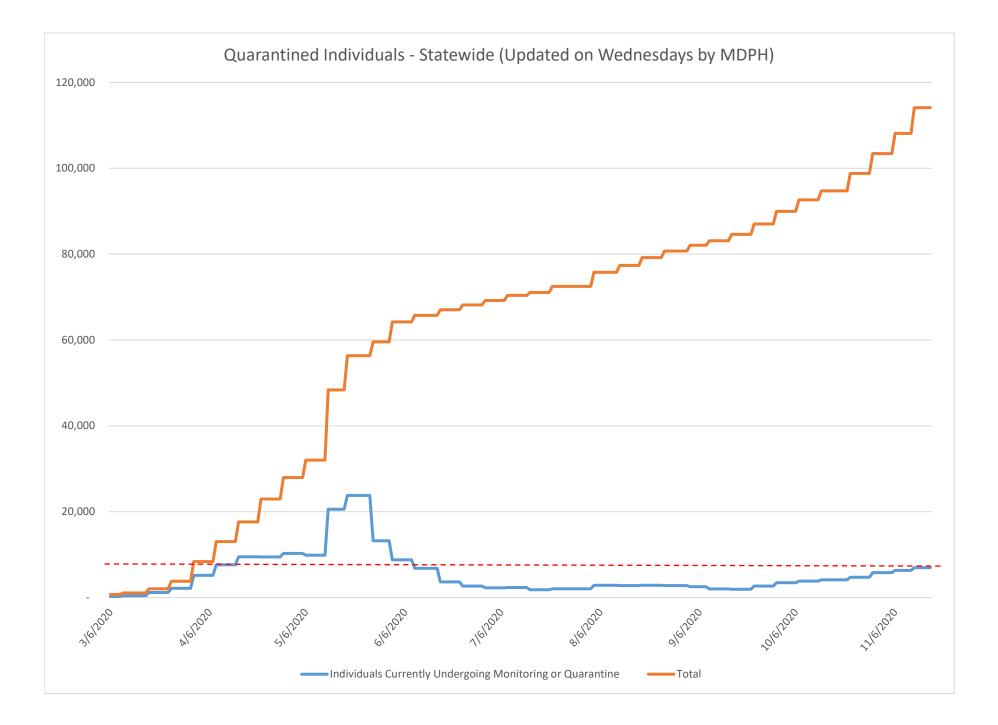
	Total Confirmed + Presumptive Positive COVID-19 Cases	Total In Individuals Subject to Quarantine	dividuals That Have Completed Monitoring	Individuals Currently Undergoing Monitoring or Quarantine	Statewide Confirmed Daily % Increase	Statewide Confirmed Daily # Increase	Date	Case Count	Lexington as a % of Total Confirmed Cases In MA			State:	154,521	State 1st <u>12 days</u>
3/6/2020	8	719	470	249			3/6/2020	0	0.0%	0.0%	0	<u>state.</u>	134,321	12 00 33
3/7/2020	13	719	470	249	62.5%	5	3/7/2020	1	7.7%	0.0%	1	March	6,620	108
3/8/2020	28	719	470	249	115.4%	15	3/8/2020	2	7.1%	100.0%	1	April	55,585	18,855
3/9/2020	41	719	470	249	46.4%	13	3/9/2020	2	4.9%	0.0%	0	May	34,760	17,127
3/10/2020	92	1,083	638	445	124.4%	51	3/10/2020	3	3.3%	50.0%	1	June	11,917	8,094
3/11/2020	95	1,083	638	445	3.3%	3	3/11/2020	3	3.2%	0.0%	0	July	6,220	2,062
3/12/2020	108	1,083	638	445	13.7%	13	3/12/2020	4	3.7%	33.3%	1	Aug	8,997	3,411
3/13/2020	123	1,083	638	445	13.9%	15	3/13/2020	6	4.9%	50.0%	2	Sept	10,969	3,853
3/14/2020	138	1,083	638	445	12.2%	15	3/14/2020	6	4.3%	0.0%	0	Oct	24,768	7,180
3/15/2020	138	1,083	638	445	0.0%	-	3/15/2020	6	4.3%	0.0%	0	Nov MTD	20,432	20,432
3/16/2020	197	1,083	638	445	42.8%	59	3/16/2020	6	3.0%	0.0%	0		-, -	-, -
3/17/2020	218	1,083	638	445	10.7%	21	3/17/2020	6	2.8%	0.0%	0			
3/18/2020	256	2,054	886	1,168	17.4%	38	3/18/2020	6	2.3%	0.0%	0			Town 1st
3/19/2020	328	2,054	886	1,168	28.1%	72	3/19/2020	7	2.1%	16.7%	1	Town:	380	12 days
3/20/2020	413	2,054	886	1,168	25.9%	85	3/20/2020	8	1.9%	14.3%	1			
3/21/2020	525	2,054	886	1,168	27.1%	112	3/21/2020	8	1.5%	0.0%	0	March	27	4
3/22/2020	646	2,054	886	1,168	23.0%	121	3/22/2020	8	1.2%	0.0%	0	April	229	103
3/23/2020	777	2,054	886	1,168	20.3%	131	3/23/2020	9	1.2%	12.5%	1	May	54	33
3/24/2020	1,159	2,054	886	1,168	49.2%	382	3/24/2020	11	0.9%	22.2%	2	June	11	9
3/25/2020	1,838	3,802	1,655	2,147	58.6%	679	3/25/2020	14	0.8%	27.3%	3	July	14	6
3/26/2020	2,417	3,802	1,655	2,147	31.5%	579	3/26/2020	17	0.7%	21.4%	3	Aug	6	4
3/27/2020	3,240	3,802	1,655	2,147	34.1%	823	3/27/2020	19	0.6%	11.8%	2	Sept	13	2
3/28/2020	4,257	3,802	1,655	2,147	31.4%	1,017	3/28/2020	21	0.5%	10.5%	2	Oct	26	8
3/29/2020	4,955	3,802	1,655	2,147	16.4%	698	3/29/2020	25	0.5%	19.0%	4	Nov MTD	18	18
3/30/2020	5,752	3,802	1,655	2,147	16.1%	797	3/30/2020	25	0.4%	0.0%	0			
3/31/2020	6,620	3,802	1,655	2,147	15.1%	868	3/31/2020	27	0.4%	8.0%	2			
4/1/2020	7,738	8,394	3,218	5,176	16.9%	1,118	4/1/2020	28	0.4%	3.7%	1			
4/2/2020	8,966	8,394	3,218	5,176	15.9%	1,228	4/2/2020	33	0.4%	17.9%	5			
4/3/2020	10,402	8,394	3,218	5,176	16.0%	1,436	4/3/2020	36	0.3%	9.1%	3			
4/4/2020	11,736	8,394	3,218	5,176	12.8%	1,334	4/4/2020	37	0.3%	2.8%	1			
4/5/2020	12,500	8,394	3,218	5,176	6.5%	764	4/5/2020	41	0.3%	10.8%	4			
4/6/2020	13,837	8,394	3,218	5,176	10.7%	1,337	4/6/2020	47	0.3%	14.6%	6			
4/7/2020	15,202	8,394	3,218	5,176	9.9%	1,365	4/7/2020	47	0.3%	0.0%	0			
4/8/2020	16,790	13,027	5,402	7,625	10.4%	1,588	4/8/2020	62	0.4%	31.9%	15	* Does not include		
4/9/2020	18,941	13,027	5,402	7,625	12.8%	2,151	4/9/2020	80	0.4%	29.0%	18	made by the Comr	nonwealth o	n 7/6
4/10/2020	20,974	13,027	5,402	7,625	10.7%	2,033	4/10/2020	80	0.4%	0.0%	0			
4/11/2020	22,860	13,027	5,402	7,625	9.0%	1,886	4/11/2020	87	0.4%	8.7%	7			
4/12/2020	25,475	13,027	5,402	7,625	11.4%	2,615	4/12/2020	130	0.5%	49.4%	43			
4/13/2020	26,867	13,027	5,402	7,625	5.5%	1,392	4/13/2020	139	0.5%	6.9%	9			
4/14/2020	28,163	13,027	5,402	7,625	4.8%	1,296	4/14/2020	150	0.5%	7.9%	11			
4/15/2020	29,918	17,605	8,118	9,487	6.2%	1,755	4/15/2020	151	0.5%	0.7%	1 9			
4/16/2020	32,181	17,605	8,118	9,487	7.6%	2,263	4/16/2020	160	0.5%	6.0%				
4/17/2020 4/18/2020	34,402	17,605 17,605	8,118	9,487 9,487	6.9% 5.7%	2,221 1,970	4/17/2020 4/18/2020	171 174	0.5% 0.5%	6.9% 1.8%	11 3			
	36,372	17,605	8,118		5.7% 4.7%			174	0.5%	1.8% 4.0%	3 7			
4/19/2020	38,077	17,005	8,118	9,487	4.7%	1,705	4/19/2020	191	0.5%	4.0%	/			

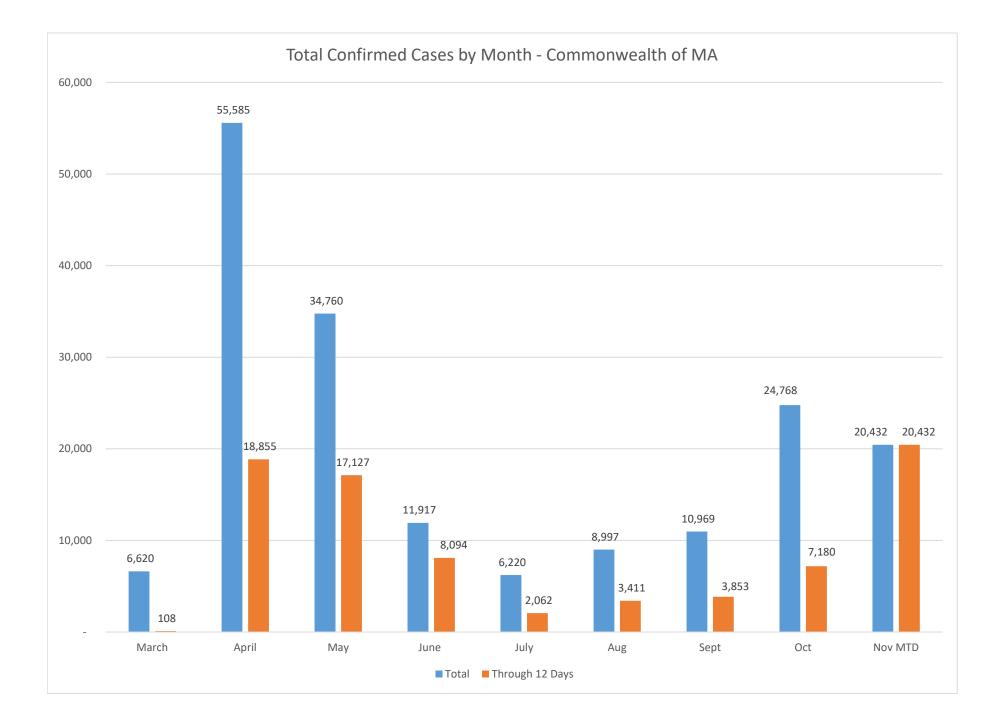
4/20/2020	39,643	17,605	8,118	9,487	4.1%	1,566	4/20/2020	200	0.5%	10.5%	19
4/21/2020	41,199	17,605	8,118	9,487	3.9%	1,556	4/21/2020	202	0.5%	1.0%	2
4/22/2020	42,944	22,952	13,480	9,472	4.2%	1,745	4/22/2020	206	0.5%	2.0%	4
4/23/2020	46,023	22,952	13,480	9,472	7.2%	3,079	4/23/2020	233	0.5%	13.1%	27
4/24/2020	50,969	22,952	13,480	9,472	10.7%	4,946	4/24/2020	240	0.5%	3.0%	7
4/25/2020	53,348	22,952	13,480	9,472	4.7%	2,379	4/25/2020	245	0.5%	2.1%	5
4/26/2020	54,938	22,952	13,480	9,472	3.0%	1,590	4/26/2020	245	0.4%	0.0%	0
4/27/2020	56,462	22,952	13,480	9,472	2.8%	1,524	4/27/2020	246	0.4%	0.4%	1
4/28/2020	58,302	22,952	13,480	9,472	3.3%	1,840	4/28/2020	250	0.4%	1.6%	4
4/29/2020	60,265	27,939	17,659	10,280	3.4%	1,963	4/29/2020	254	0.4%	1.6%	4
4/30/2020	62,205	27,939	17,659	10,280	3.2%	1,940	4/30/2020	256	0.4%	0.8%	2
5/1/2020	64,311	27,939	17,659	10,280	3.4%	2,106	5/1/2020	261	0.4%	2.0%	5
5/2/2020	66,263	27,939	17,659	10,280	3.0%	1,952	5/2/2020	267	0.4%	2.3%	6
5/3/2020	68,087	27,939	17,659	10,280	2.8%	1,824	5/3/2020	270	0.4%	1.1%	3
5/4/2020	69,087	27,939	17,659	10,280	1.5%	1,000	5/4/2020	272	0.4%	0.7%	2
5/5/2020	70,271	27,939	17,659	10,280	1.7%	1,184	5/5/2020	273	0.4%	0.4%	1
5/6/2020	72,025	32,019	22,148	9,871	2.5%	1,754	5/6/2020	275	0.4%	0.7%	2
5/7/2020	73,721	32,019	22,148	9,871	2.4%	1,696	5/7/2020	278	0.4%	1.1%	3
5/8/2020	75,333	32,019	22,148	9,871	2.2%	1,612	5/8/2020	280	0.4%	0.7%	2
5/9/2020	76,743	32,019	22,148	9,871	1.9%	1,410	5/9/2020	280	0.4%	0.0%	0
5/10/2020	77,293	32,019	22,148	9,871	0.7%	550	5/10/2020	280	0.4%	0.0%	0
5/11/2020	78,462	32,019	22,148	9,871	1.5%	1,169	5/11/2020	288	0.4%	2.9%	8
5/12/2020	79,332	32,019	22,148	9,871	1.1%	870	5/12/2020	289	0.4%	0.3%	1
5/13/2020	80,497	48,372	27,812	20,560	1.5%	1,165	5/13/2020	289	0.4%	0.0%	0
5/14/2020	82,182	48,372	27,812	20,560	2.1%	1,685	5/14/2020	292	0.4%	1.0%	3
5/15/2020	83,421	48,372	27,812	20,560	1.5%	1,239	5/15/2020	293	0.4%	0.3%	1
5/16/2020	84,933	48,372	27,812	20,560	1.8%	1,512	5/16/2020	293	0.3%	0.0%	0
5/17/2020	86,010	48,372	27,812	20,560	1.3%	1,077	5/17/2020	293	0.3%	0.0%	0
5/18/2020	87,052	48,372	27,812	20,560	1.2%	1,042	5/18/2020	297	0.3%	1.4%	4
5/19/2020	87,925	56,338	32,549	23,789	1.0%	873	5/19/2020	300	0.3%	1.0%	3
5/20/2020	88,970	56,338	32,549	23,789	1.2%	1,045	5/20/2020	302	0.3%	0.7%	2
5/21/2020	90,084	56,338	32,549	23,789	1.3%	1,114	5/21/2020	302	0.3%	0.0%	0
5/22/2020	90,889	56,338	32,549	23,789	0.9%	805	5/22/2020	306	0.3%	1.3%	4
5/23/2020	91,662	56,338	32,549	23,789	0.9%	773	5/23/2020	306	0.3%	0.0%	0
5/24/2020	92,675	56,338	32,549	23,789	1.1%	1,013	5/24/2020	306	0.3%	0.0%	0
5/25/2020	93,271	56,338	32,549	23,789	0.6%	596	5/25/2020	306	0.3%	0.0%	0
5/26/2020	93,693	56,338	32,549	23,789	0.5%	422	5/26/2020	309	0.3%	1.0%	3
5/27/2020	94,220	59,565	46,354	13,211	0.6%	527	5/27/2020	309	0.3%	0.0%	0
5/28/2020	94,895	59,565	46,354	13,211	0.7%	675	5/28/2020	310	0.3%	0.3%	1
5/29/2020	95,512	59,565	46,354	13,211	0.7%	617	5/29/2020	310	0.3%	0.0%	0
5/30/2020	96,301	59,565	46,354	13,211	0.8%	789	5/30/2020	310	0.3%	0.0%	0
5/31/2020	96,965	59,565	46,354	13,211	0.7%	664	5/31/2020	310	0.3%	0.0%	0
6/1/2020	100,805	59,565	46,354	13,211	4.0%	3,840	6/1/2020	313	0.3%	1.0%	3
6/2/2020	101,163	64,210	55,429	8,781	0.4%	358	6/2/2020	313	0.3%	0.3%	1
6/3/2020	101,103	64,210	55,429	8,781	0.4%	429	6/3/2020	314	0.3%	0.3%	1
6/4/2020	102,063	64,210	55,429	8,781	0.5%	471	6/4/2020	315	0.3%	0.0%	0
6/5/2020	102,557	64,210	55,429	8,781	0.5%	494	6/5/2020	315	0.3%	0.0%	0
6/6/2020	103,132	64,210	55,429	8,781	0.6%	575	6/6/2020	315	0.3%	0.0%	0
6/7/2020	103,346	64,210	55,429	8,781	0.2%	214	6/7/2020	315	0.3%	0.0%	0
6/8/2020	103,546	64,210 64,210	55,429 55,429	8,781 8,781	0.2%	214	6/8/2020	315	0.3%	1.0%	3
6/8/2020	103,828	65,728	55,429 58,912	6,816	0.3%	263	6/9/2020	318	0.3%	0.0%	3 0
6/10/2020	103,889	65,728	58,912 58,912	6,816	0.3%	263	6/10/2020	318	0.3%	0.0%	0
6/10/2020 6/11/2020	104,156 104,667	65,728	58,912 58,912	6,816	0.3%	267 511	6/11/2020	318	0.3%	0.0%	0
6/12/2020	104,667	65,728	58,912 58,912	6,816	0.5%	392	6/12/2020	318	0.3%	0.0%	0
0/12/2020	103,039	03,728	20,912	0,810	0.4%	392	0/12/2020	212	0.3%	0.3%	Т

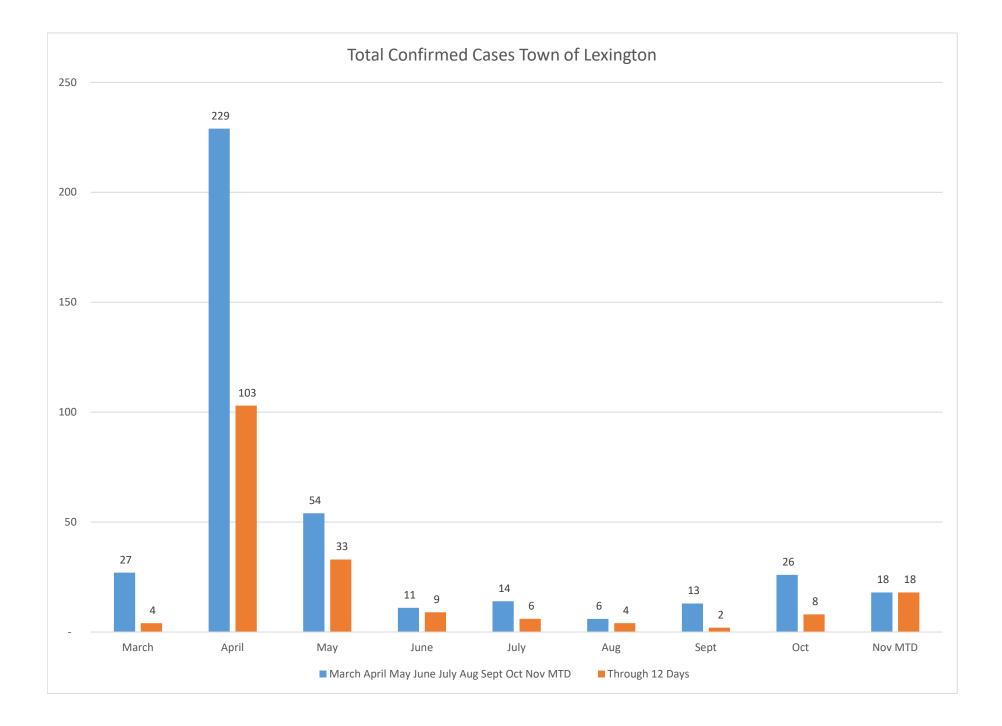
6/13/2020	105,395	65,728	58,912	6,816	0.3%	336	6/13/2020	319	0.3%	0.0%	0
6/14/2020	105,603	65,728	58,912	6,816	0.2%	208	6/14/2020	319	0.3%	0.0%	0
6/15/2020	105,690	65,728	58,912	6,816	0.1%	87	6/15/2020	321	0.3%	0.6%	2
6/16/2020	105,885	65,728	58,912	6,816	0.2%	195	6/16/2020	321	0.3%	0.0%	0
6/17/2020	106,151	67,059	63,420	3,639	0.3%	266	6/17/2020	321	0.3%	0.0%	0
6/18/2020	106,422	67,059	63,420	3,639	0.3%	271	6/18/2020	323	0.3%	0.6%	2
6/19/2020	106,650	67,059	63,420	3,639	0.2%	228	6/19/2020	325	0.3%	0.6%	2
6/20/2020	106,936	67,059	63,420	3,639	0.3%	286	6/20/2020	322	0.3%	-0.9%	-3
6/21/2020	107,061	67,059	63,420	3,639	0.1%	125	6/21/2020	322	0.3%	0.0%	0
6/22/2020	107,210	67,059	63,420	3,639	0.1%	149	6/22/2020	322	0.3%	0.0%	0
6/23/2020	107,439	67,059	63,420	3,639	0.2%	229	6/23/2020	322	0.3%	0.0%	0
6/24/2020	107,611	68,141	65,470	2,671	0.2%	172	6/24/2020	321	0.3%	-0.3%	-1
6/25/2020	107,837	68,141	65,470	2,671	0.2%	226	6/25/2020	321	0.3%	0.0%	0
6/26/2020	108,070	68,141	65,470	2,671	0.2%	233	6/26/2020	321	0.3%	0.0%	0
6/27/2020	108,443	68,141	65,470	2,671	0.3%	373	6/27/2020	321	0.3%	0.0%	0
6/28/2020	108,667	68,141	65,470	2,671	0.2%	224	6/28/2020	321	0.3%	0.0%	0
6/29/2020	108,768	68,141	65,470	2,671	0.1%	101	6/29/2020	321	0.3%	0.0%	0
6/30/2020	108,882	68,141	65,470	2,671	0.1%	114	6/30/2020	321	0.3%	0.0%	0
7/1/2020	109,143	69,190	66,921	2,269	0.2%	261	7/1/2020	326	0.3%	1.6%	5
7/2/2020	109,338	69,190	66,921	2,269	0.2%	195	7/2/2020	326	0.3%	0.0%	0
7/3/2020	109,628	69,190	66,921	2,269	0.3%	290	7/3/2020	326	0.3%	0.0%	0
7/4/2020	109,838	69,190	66,921	2,269	0.2%	210	7/4/2020	326	0.3%	0.0%	0
7/5/2020	109,974	69,190	66,921	2,269	0.1%	136	7/5/2020	326	0.3%	0.0%	0
7/6/2020	104,659	69,190	66,921	2,269	-4.8%	(5,315)	7/6/2020	326	0.3%	0.0%	0
7/7/2020	104,799	69,190	66,921	2,269	0.1%	140	7/7/2020	326	0.3%	0.0%	0
7/8/2020	104,961	70,377	68,034	2,343	0.2%	162	7/8/2020	327	0.3%	0.3%	1
7/9/2020	105,138	70,377	68,034	2,343	0.2%	177	7/9/2020	327	0.3%	0.0%	0
7/10/2020	105,290	70,377	68,034	2,343	0.1%	152	7/10/2020	327	0.3%	0.0%	0
7/11/2020	105,457	70,377	68,034	2,343	0.2%	167	7/11/2020	327	0.3%	0.0%	0
7/12/2020	105,629	70,377	68,034	2,343	0.2%	172	7/12/2020	327	0.3%	0.0%	0
7/13/2020	105,783	70,377	68,034	2,343	0.1%	154	7/13/2020	327	0.3%	0.0%	0
7/14/2020	105,986	70,377	68,034	2,343	0.2%	203	7/14/2020	327	0.3%	0.0%	0
7/15/2020	106,128	71,059	69,227	1,832	0.1%	142	7/15/2020	327	0.3%	0.0%	0
7/16/2020	106,271	71,059	69,227	1,832	0.1%	143	7/16/2020	329	0.3%	0.6%	2
7/17/2020	106,487	71,059	69,227	1,832	0.2%	216	7/17/2020	329	0.3%	0.0%	0
7/18/2020	106,664	71,059	69,227	1,832	0.2%	177	7/18/2020	329	0.3%	0.0%	0
7/19/2020	106,882	71,059	69,227	1,832	0.2%	218	7/19/2020	329	0.3%	0.0%	0
7/20/2020	107,056	71,059	69,227	1,832	0.2%	174	7/20/2020	329	0.3%	0.0%	0
7/21/2020	107,221	71,059	69,227	1,832	0.2%	165	7/21/2020	329	0.3%	0.0%	0
7/22/2020	107,413	72,481	70,449	2,032	0.2%	192	7/22/2020	329	0.3%	0.0%	0
7/23/2020	107,683	72,481	70,449	2,032	0.3%	270	7/23/2020	332	0.3%	0.9%	3
7/24/2020	107,897	72,481	70,449	2,032	0.2%	214	7/24/2020	332	0.3%	0.0%	0
7/25/2020	108,107	72,481	70,449	2,032	0.2%	210	7/25/2020	332	0.3%	0.0%	0
7/26/2020	108,380	72,481	70,449	2,032	0.3%	273	7/26/2020	332	0.3%	0.0%	0
7/27/2020	108,562	72,481	70,449	2,032	0.2%	182	7/27/2020	332	0.3%	0.0%	0
7/28/2020	108,740	72,481	70,449	2,032	0.2%	178	7/28/2020	332	0.3%	0.0%	0
7/29/2020	109,096	72,481	70,449	2,032	0.3%	356	7/29/2020	332	0.3%	0.0%	0
7/30/2020	109,400	72,481	70,449	2,032	0.3%	304	7/30/2020	335	0.3%	0.9%	3
7/31/2020	109,787	72,481	70,449	2,032	0.4%	387	7/31/2020	335	0.3%	0.0%	0
8/1/2020	110,077	72,481	70,449	2,032	0.3%	290	8/1/2020	335	0.3%	0.0%	Ő
8/2/2020	110,430	72,481	70,449	2,032	0.3%	353	8/2/2020	335	0.3%	0.0%	0
8/3/2020	110,595	72,481	70,449	2,032	0.1%	165	8/3/2020	335	0.3%	0.0%	Ő
8/4/2020	111,033	75,771	72,919	2,852	0.1%	438	8/4/2020	335	0.3%	0.0%	0
8/5/2020	111,371	75,771	72,919	2,852	0.3%	338	8/5/2020	339	0.3%	1.2%	4
3, 5, 2020	,0/1	,, ,	,5 15	2,002	5.576	200	0,0,2020		0.070	2.2/0	-

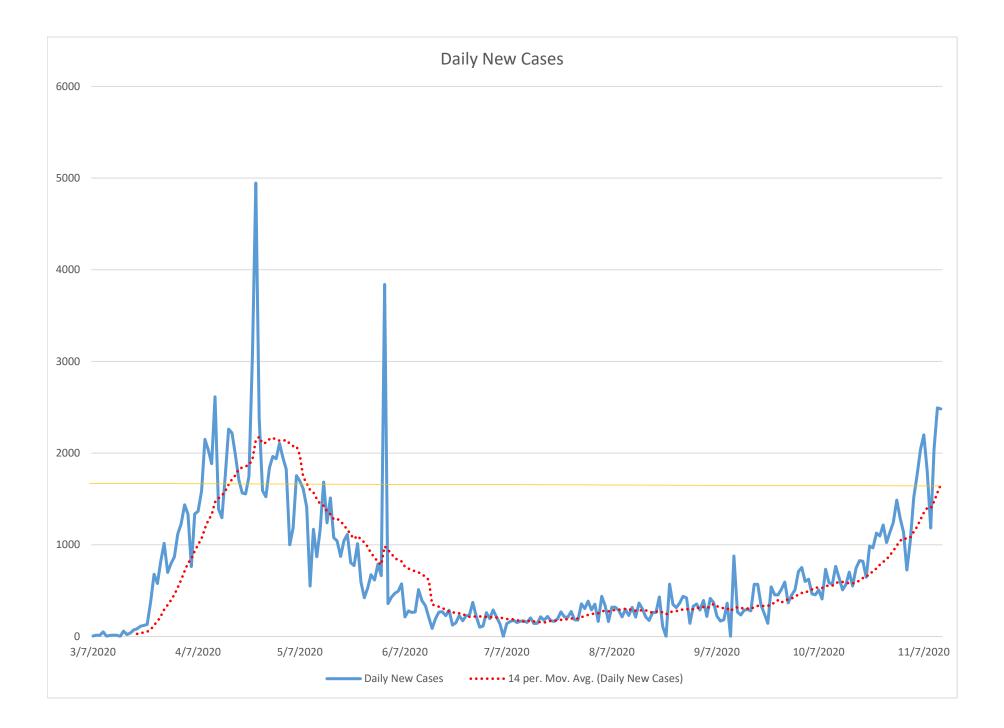
8/6/2020	111,533	75,771	72,919	2,852	0.1%	162	8/6/2020	339	0.3%	0.0%	0
8/7/2020	111,853	75,771	72,919	2,852	0.3%	320	8/7/2020	339	0.3%	0.0%	0
8/8/2020	112,173	75,771	72,919	2,852	0.3%	320	8/8/2020	339	0.3%	0.0%	0
8/9/2020	112,459	75,771	72,919	2,852	0.3%	286	8/9/2020	339	0.3%	0.0%	0
8/10/2020	112,673	75,771	72,919	2,852	0.2%	214	8/10/2020	339	0.3%	0.0%	0
8/11/2020	112,969	75,771	72,919	2,852	0.3%	296	8/11/2020	339	0.3%	0.0%	0
8/12/2020	113,198	77,383	74,610	2,773	0.2%	229	8/12/2020	339	0.3%	0.0%	0
8/13/2020	113,517	77,383	74,610	2,773	0.3%	319	8/13/2020	338	0.3%	-0.3%	-1
8/14/2020	113,729	77,383	74,610	2,773	0.2%	212	8/14/2020	338	0.3%	0.0%	0
8/15/2020	114,095	77,383	74,610	2,773	0.3%	366	8/15/2020	338	0.3%	0.0%	0
8/16/2020	114,398	77,383	74,610	2,773	0.3%	303	8/16/2020	338	0.3%	0.0%	0
8/17/2020	114,611	77,383	74,610	2,773	0.2%	213	8/17/2020	338	0.3%	0.0%	0
8/18/2020	114,786	77,383	74,610	2,773	0.2%	175	8/18/2020	338	0.3%	0.0%	0
8/19/2020	115,048	79,187	76,344	2,843	0.2%	262	8/19/2020	340	0.3%	0.6%	2
8/20/2020	115,310	79,187	76,344	2,843	0.2%	262	8/20/2020	340	0.3%	0.0%	0
8/21/2020	115,741	79,187	76,344	2,843	0.4%	431	8/21/2020	340	0.3%	0.0%	0
8/22/2020	115,850	79,187	76,344	2,843	0.1%	109	8/22/2020	340	0.3%	0.0%	0
8/23/2020	115,850	79,187	76,344	2,843	0.0%	_	8/23/2020	340	0.3%	0.0%	0
8/24/2020	116,421	79,187	76,344	2,843	0.5%	571	8/24/2020	340	0.3%	0.0%	0
8/25/2020	116,770	79,187	76,344	2,843	0.3%	349	8/25/2020	340	0.3%	0.0%	0
8/26/2020	117,085	80,709	77,940	2,769	0.3%	315	8/26/2020	341	0.3%	0.3%	1
8/27/2020	117,450	80,709	77,940	2,769	0.3%	365	8/27/2020	341	0.3%	0.0%	0
8/28/2020	117,888	80,709	77,940	2,769	0.4%	438	8/28/2020	341	0.3%	0.0%	0
8/29/2020	118,309	80,709	77,940	2,769	0.4%	421	8/29/2020	341	0.3%	0.0%	0
8/30/2020	118,453	80,709	77,940	2,769	0.1%	144	8/30/2020	341	0.3%	0.0%	0
8/31/2020	118,784	80,709	77,940	2,769	0.3%	331	8/31/2020	341	0.3%	0.0%	0
9/1/2020	119,138	80,709	77,940	2,769	0.3%	354	9/1/2020	341	0.3%	0.0%	0
9/2/2020	119,426	80,709	77,940	2,769	0.2%	288	9/2/2020	341	0.3%	0.0%	0 0
9/3/2020	119,819	82,047	79,532	2,515	0.3%	393	9/3/2020	343	0.3%	0.6%	2
9/4/2020	120,038	82,047	79,532	2,515	0.2%	219	9/4/2020	343	0.3%	0.0%	0
9/5/2020	120,454	82,047	79,532	2,515	0.3%	416	9/5/2020	343	0.3%	0.0%	0
9/6/2020	120,824	82,047	79,532	2,515	0.3%	370	9/6/2020	343	0.3%	0.0%	0 0
9/7/2020	121,046	82,047	79,532	2,515	0.2%	222	9/7/2020	343	0.3%	0.0%	0 0
9/8/2020	121,214	82,047	79,532	2,515	0.1%	168	9/8/2020	343	0.3%	0.0%	0
9/9/2020	121,396	83,091	81,102	1,989	0.2%	182	9/9/2020	343	0.3%	0.0%	0
9/10/2020	121,759	83,091	81,102	1,989	0.3%	363	9/10/2020	343	0.3%	0.0%	0
9/11/2020	121,759	83,091	81,102	1,989	0.0%	-	9/11/2020	343	0.3%	0.0%	õ
9/12/2020	122,637	83,091	81,102	1,989	0.7%	878	9/12/2020	343	0.3%	0.0%	0
9/13/2020	122,904	83,091	81,102	1,989	0.2%	267	9/13/2020	343	0.3%	0.0%	0
9/14/2020	123,139	83,091	81,102	1,989	0.2%	235	9/14/2020	343	0.3%	0.0%	õ
9/15/2020	123,425	83,091	81,102	1,989	0.2%	286	9/15/2020	343	0.3%	0.0%	0
9/16/2020	123,425	84,600	82,683	1,989	0.2%	295	9/16/2020	343	0.3%	2.0%	7
9/17/2020	123,720	84,600	82,683	1,917	0.2%	280	9/17/2020	350	0.3%	0.0%	0
9/18/2020	124,000	84,600	82,683	1,917	0.5%	570	9/18/2020	350	0.3%	0.0%	0
9/19/2020	124,370	84,600 84,600	82,683	1,917 1,917	0.5%	569	9/19/2020	350	0.3%	0.0%	0
9/20/2020	125,479	84,600 84,600	82,683	1,917	0.3%	340	9/20/2020	350	0.3%	0.0%	0
9/21/2020	125,479	84,600 84,600	82,683	1,917 1,917	0.3%	244	9/21/2020	350	0.3%	0.0%	0
9/22/2020	125,866	84,600 84,600	82,683	1,917	0.1%	143	9/22/2020	350	0.3%	0.0%	0
9/23/2020	125,800	87,024			0.1%	542	9/23/2020		0.3%	-0.3%	-1
	126,408	,	84,350	2,674				349			-1 0
9/24/2020 9/25/2020	126,863	87,024 87,024	84,350 84,350	2,674 2,674	0.4% 0.4%	455 454	9/24/2020 9/25/2020	349 349	0.3% 0.3%	0.0% 0.0%	0
9/26/2020	127,832	87,024	84,350	2,674	0.4%	515	9/26/2020	349	0.3%	0.0%	0 0
9/27/2020	128,426	87,024	84,350	2,674	0.5%	594	9/27/2020	349	0.3%	0.0%	0
9/28/2020	128,793	87,024	84,350	2,674	0.3%	367	9/28/2020	349	0.3%	0.0%	U

9/29/2020	129,243	87,024	84,350	2,674	0.3%	450	9/29/2020	349	0.3%	0.0%	0
9/30/2020	129,753	89,948	86,491	3,457	0.4%	510	9/30/2020	354	0.3%	1.4%	5
10/1/2020	130,461	89,948	86,491	3,457	0.5%	708	10/1/2020	354	0.3%	0.0%	0
10/2/2020	131,214	89,948	86,491	3,457	0.6%	753	10/2/2020	354	0.3%	0.0%	0
10/3/2020	131,814	89,948	86,491	3,457	0.5%	600	10/3/2020	354	0.3%	0.0%	0
10/4/2020	132,440	89,948	86,491	3,457	0.5%	626	10/4/2020	354	0.3%	0.0%	0
10/5/2020	132,905	89,948	86,491	3,457	0.4%	465	10/5/2020	354	0.3%	0.0%	0
10/6/2020	133,359	89,948	86,491	3,457	0.3%	454	10/6/2020	354	0.3%	0.0%	0
10/7/2020	133,868	92,662	88,825	3,837	0.4%	509	10/7/2020	362	0.3%	2.3%	8
10/8/2020	134,277	92,662	88,825	3,837	0.3%	409	10/8/2020	362	0.3%	0.0%	0
10/9/2020	135,011	92,662	88,825	3,837	0.5%	734	10/9/2020	362	0.3%	0.0%	0
10/10/2020	135,598	92,662	88,825	3,837	0.4%	587	10/10/2020	362	0.3%	0.0%	0
10/11/2020	136,168	92,662	88,825	3,837	0.4%	570	10/11/2020	362	0.3%	0.0%	0
10/12/2020	136,933	92,662	88,825	3,837	0.6%	765	10/12/2020	362	0.3%	0.0%	0
10/13/2020	137,575	92,662	88,825	3,837	0.5%	642	10/13/2020	362	0.3%	0.0%	0
10/14/2020	138,083	94,733	90,607	4,126	0.4%	508	10/14/2020	362	0.3%	0.0%	0
10/15/2020	138,651	94,733	90,607	4,126	0.4%	568	10/15/2020	369	0.3%	1.9%	7
10/16/2020	139,353	94,733	90,607	4,126	0.5%	702	10/16/2020	369	0.3%	0.0%	0
10/17/2020	139,903	94,733	90,607	4,126	0.4%	550	10/17/2020	369	0.3%	0.0%	0
10/18/2020	140,647	94,733	90,607	4,126	0.5%	744	10/18/2020	369	0.3%	0.0%	0
10/19/2020	141,474	94,733	90,607	4,126	0.6%	827	10/19/2020	369	0.3%	0.0%	0
10/20/2020	142,295	94,733	90,607	4,126	0.6%	821	10/20/2020	369	0.3%	0.0%	0
10/21/2020	142,941	94,733	90,607	4,126	0.5%	646	10/21/2020	369	0.3%	0.0%	0
10/22/2020	143,927	94,733	90,607	4,126	0.7%	986	10/22/2020	371	0.3%	0.5%	2
10/23/2020	144,895	98,806	94,080	4,726	0.7%	968	10/23/2020	371	0.3%	0.0%	0
10/24/2020	146,023	98,806	94,080	4,726	0.8%	1,128	10/24/2020	371	0.3%	0.0%	0
10/25/2020	147,120	98,806	94,080	4,726	0.8%	1,097	10/25/2020	371	0.3%	0.0%	0
10/26/2020	148,336	98,806	94,080	4,726	0.8%	1,216	10/26/2020	371	0.3%	0.0%	0
10/27/2020	149,361	98,806	94,080	4,726	0.7%	1,025	10/27/2020	371	0.2%	0.0%	0
10/28/2020	150,498	98,806	94,080	4,726	0.8%	1,137	10/28/2020	380	0.3%	2.4%	9
10/29/2020	151,741	98,806	94,080	4,726	0.8%	1,243	10/29/2020	380	0.3%	0.0%	0
10/30/2020	153,229	103,411	97,606	5,805	1.0%	1,488	10/30/2020	380	0.2%	0.0%	0
10/31/2020	154,521	103,411	97,606	5,805	0.8%	1,292	10/31/2020	380	0.2%	0.0%	0
11/1/2020	155,660	103,411	97,606	5,805	0.7%	1,139	11/1/2020	380	0.2%	0.0%	0
11/2/2020	156,385	103,411	97,606	5,805	0.5%	725	11/2/2020	380	0.2%	0.0%	0
11/3/2020	157,421	103,411	97,606	5,805	0.7%	1,036	11/3/2020	380	0.2%	0.0%	0
11/4/2020	158,937	103,411	97,606	5,805	1.0%	1,516	11/4/2020	383	0.2%	0.8%	3
11/5/2020	160,698	103,411	97,606	5,805	1.1%	1,761	11/5/2020	383	0.2%	0.0%	0
11/6/2020	162,736	108,129	101,787	6,342	1.3%	2,038	11/6/2020	383	0.2%	0.0%	0
11/7/2020	164,936	108,129	101,787	6,342	1.4%	2,200	11/7/2020	383	0.2%	0.0%	0
11/8/2020	166,745	108,129	101,787	6,342	1.1%	1,809	11/8/2020	383	0.2%	0.0%	0
11/9/2020	167,929	108,129	101,787	6,342	0.7%	1,184	11/9/2020	383	0.2%	0.0%	0
11/10/2020	169,976	108,129	101,787	6,342	1.2%	2,047	11/10/2020	383	0.2%	0.0%	0
11/11/2020	172,471	108,129	101,787	6,342	1.5%	2,495	11/11/2020	398	0.2%	3.9%	15
11/12/2020	174,953	114,110	107,158	6,952	1.4%	2,482	11/12/2020	398	0.2%	0.0%	0
11/13/2020	,	114,110	107,158	6,952		/ -	11/13/2020	398			-
11/14/2020		114,110	107,158	6,952			11/14/2020	398			
11/15/2020		114,110	107,158	6,952			11/15/2020	398			
11/16/2020		114,110	107,158	6,952			11/16/2020	398			
11/17/2020		114,110	107,158	6,952			11/17/2020	398			
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# Town of Lexington

Land Use, Health and Development Department Office of Public Health 1625 Massachusetts Avenue Lexington, MA 02420 (781)-698-4533 Fax (781)-861-2780

David Neylon, RN, MPH, REHS/RS Public Health Nurse x 84509

Casey Mellin, REHS/RS, CHO Health Agent x 84507

Alicia McCartin *Health Agent x 84519*  <u>Board of Health</u>

Wendy Heiger-Bernays, PhD, Chair Burt M. Perlmutter, M.D. David S. Geller, M.D. John J. Flynn, J.D. Susan Wolf-Fordham, J.D., M.P.A.

# COVID-19 Lexington Office of Public Health Situation Report Week of 11/9/2020

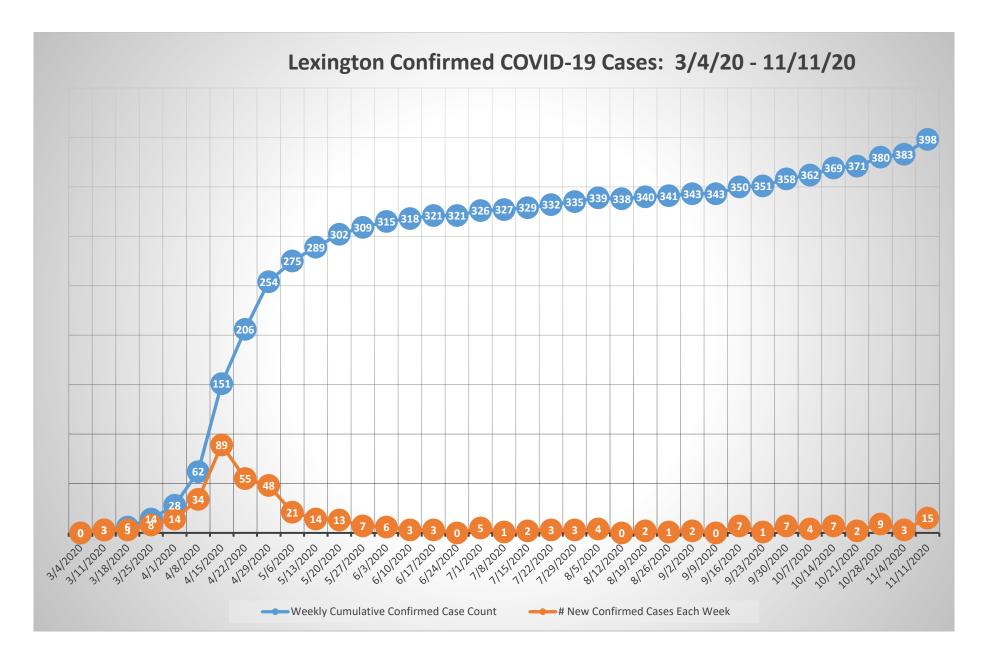
To: Jim Malloy, Town Manager From: Alicia McCartin, Health Agent Date: 11/12/2020

## Current Snapshot (Data range from 3/7/20 to 11/11/20 unless otherwise noted)

- **398 total** *confirmed* **Lexington cases as of 11/11/20** (15 new confirmed cases this week; 14 day case count 23)
- 77 total *probable* Lexington cases as of 11/11/20 (3 new probable cases this week)
- 16 confirmed cases have not cleared isolation (recovered) at this time
- No fatalities this week.
- Total fatalities since 3/7/20 = 47 (94% \* associated with Long-term Care Facilities) \*Selfreport by LTCF; not checked against official death certificates
- Total number of Lexington residents <u>tested in previous 14 days</u> = 2970 individuals as of 11/11/20.
- Percent of individuals tested last 14 days that were positive as of 11/11/20 = 0.77%
- Average daily incidence rate per 100,000 = 4.2

### Lexington Confirmed Cases by Week (3/7/20\* to 11/11/2020)

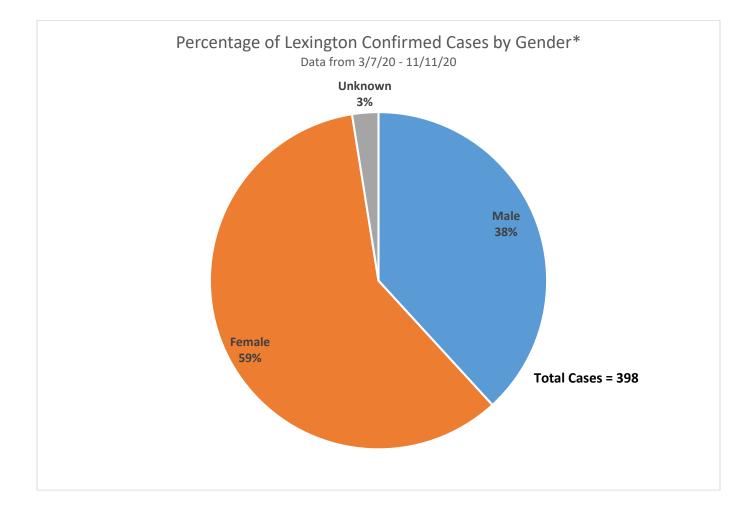
\*First case reported 3/7/20; \*\*Peak surge week of 4/13/20; \*\*\*Confirmed case reclassified as negative per updated state case surveillance definition \*\*\*\* Confirmed case reclassified to different jurisdiction as the positive case was not a Lexington resident



# Lexington Confirmed Cases by Gender (3/7/20\* to 11/11/2020)

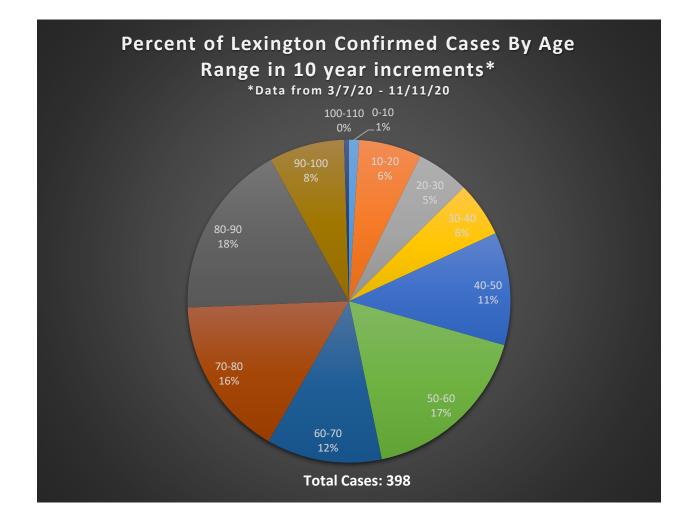
\*note - date of Lexington's first confirmed case; cumulative case count

Gender	# Cases	Percent
Unknown	10	3%
Female	236	59%
Male	152	38%
Total	398	100%

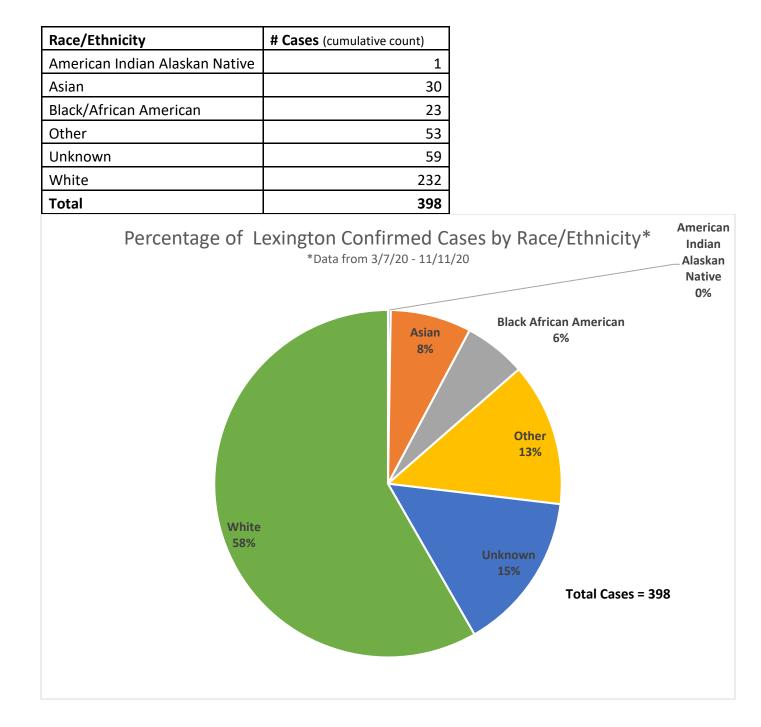


Lexington Confirmed Case Distribution by Age in 10-Year Increments (3/7/20 to 11/11/20)

Age Range	# Cases (cumulative count)
0-10	4
10-20	25
20-30	21
30-40	22
40-50	45
50-60	69
60-70	46
70-80	64
80-90	70
90-100	30
100-110	2
Total	398



## Lexington Confirmed Cases by Reported Race/Ethnicity (3/7/20 to 11/4/20)



### Changes over last 14 days (10/21/2020- 11/4/2020)

On 7/15/20, the Massachusetts Department of Public Health (MDPH) has updated their City/Town reports to reflect percent changes over the past 14 days only, rather than total cumulative standardized rates. Data reported below compare Lexington confirmed cases (PCR results) to 8 geographically adjacent communities.

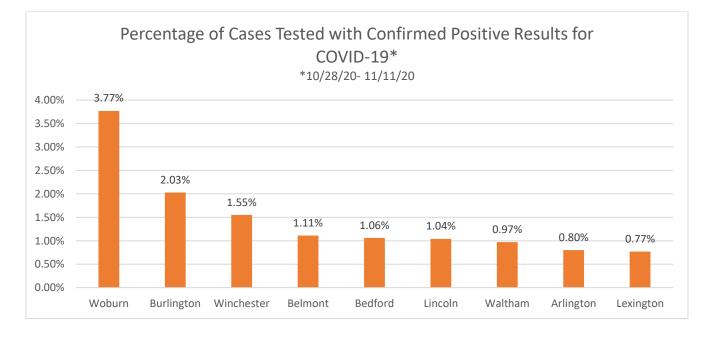
Starting 10/22/2020 the state has changed its weekly COVID report from Wednesdays to Thursdays.

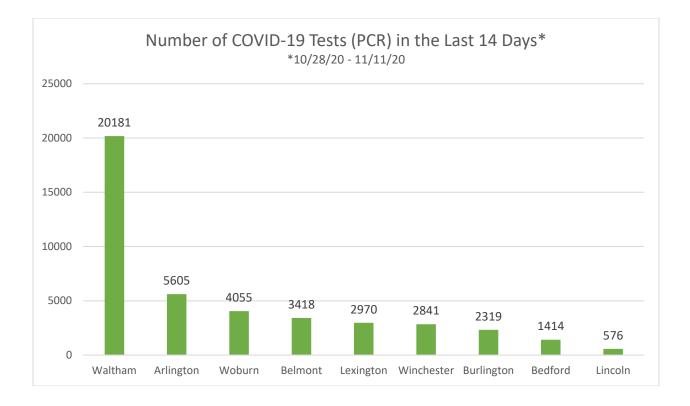
On the weekly report issued by the state on November 5, 2020, the state is changing the way they group a town either grey, green, yellow, red. Below is the chart that came from pg. 27 of the weekly report from the state. As of 11/5, DPH is using 2019 population estimates derived from a method developed by the University of Massachusetts Donahue Institute. The 2019 estimates are the most currently available data. As of July 1, 2019 the University of Massachusetts Donahue Institute estimates Lexington's Population to be 33,132.

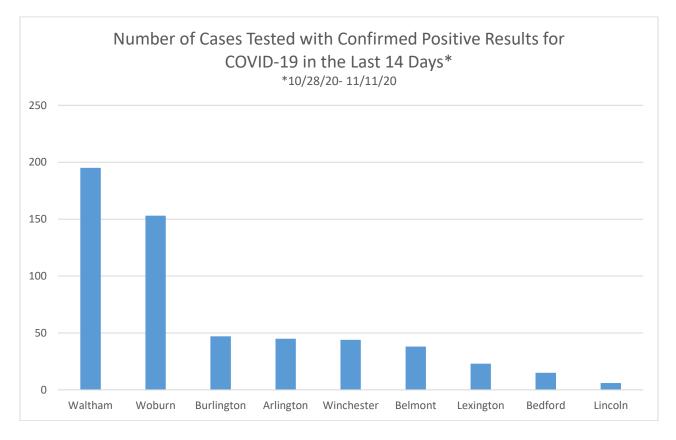
		Population	
Group	Under 10K	10K-50K	Over 50K
Grey	Less than or equal to 10 total cases	Less than or equal to 10 total cases	Less than or equal to 15 total cases
Green	Less than or equal to 15 total cases	<10 avg cases/100k AND >10 total cases	<10 avg cases/100k AND >15 total cases
Yellow	Less than or equal to 25 total cases	≥10 avg cases/100k OR ≥5% pos rate	≥10 avg cases/100k OR ≥ 4% pos rate
Red	More than 25 total cases	≥10 avg cases/100k AND ≥5% pos rate	≥10 avg cases/100k AND ≥4% pos rate

City/Town	% Positive (Last 14 Days)	Case Count (Last 14 Days)	Average Daily Incidence Rate per 100K (Last 14 days)	Total Tests (Last 14 Days)	Total Positive Tests (Last 14 Days)
Waltham	0.97%	167	18	20181	195
Bedford	1.06%	14	6.7	1414	15
Woburn	3.77%	142	24.4	4055	153
Lexington	0.77%	20	4.2	2970	23
Burlington	2.03%	44	11.3	2319	47
Belmont	1.11%	31	8.1	3418	38
Arlington	0.80%	36	5.6	5605	45
Winchester	1.55%	43	13.8	2841	44
Lincoln	1.04%	6	4.9	576	6

# Average daily incidence rate per 100,000 over the last 14 days (10/28/2020- 11/11/2020)







## Discussion of Data and Lexington Office of Public Health COVID-19 Activities:

There was 15 new confirmed COVID-19 cases in Lexington this past week. In addition, there were 3 new probable cases this week. At this time there are a total of 5 active cases in Lexington that are in isolation until recovery. There have been no fatalities this week.

Over the past 14 days, MDPH reported 2970 Lexington residents have been tested for COVID-19 with analysis by PCR. Of those residents tested, the state reported less than 23 individuals (0.77%) were confirmed positive. **To better inform local decision making, the state has released an interactive color coded map with standardized daily incidence rates averaged over the previous 14 days. The map can be found at the following link:** <u>https://www.mass.gov/info-details/community-level-covid-19-data-reporting</u>. **Standardized rates (per 100,000) for Lexington and the 8 communities geographically adjacent to Lexington have been added to the table on page 7 of this report.** 

## Long Term Care Facilities and Assisted Living Facilities

New guidance was announced on 9/14/20 that allows safe indoor visitation to resume in nursing homes and rest homes, and further expands indoor visitation options in assisted living residences (ALRs) starting Friday, September 25. The guidance from the Department of Public Health (DPH) and the Executive Office of Elder Affairs (EOEA) balances the important role visitation plays in supporting resident emotional health and quality of life, while ensuring necessary infection control measures are in place.

September 14's announcement builds on previous guidance to further support residents and their loved ones who have been disproportionately impacted by COVID-19. In March, the Commonwealth acted quickly to take precautions in restricting visitation at nursing homes, rest homes, and ALRs to protect resident safety and mitigate the spread of COVID-19. As the Commonwealth proceeded with a phased reopening, visitation restrictions were updated in June to allow for outdoor visitation with guidance on how these visits could safely occur. Nursing homes and rest homes may resume in-person visits so long as appropriate infection

Nursing homes and rest homes may resume in-person visits so long as appropriate infection control and safety measures are in place, including:

- Indoor visits should occur within a designated visitation space that is close to the entrance of the facility and allows for social distancing
- The visitor must be screened for COVID-19 symptoms and have their temperature checked
- Residents, staff, and visitors must wear a mask or face covering for the duration of the visit
- The visitor must remain at least 6 feet away from the resident for the majority of the visit
- If desired by both parties, there may be physical contact between the resident and visitor so long as precautionary measures are followed such as hand sanitation before and after contact
- A schedule is implemented for frequent disinfection of the designated visitation space
- The unit, floor, or care area where the resident lives must not have any COVID-19 cases in residents or staff in the past 14 days and the facility is not experiencing a staffing shortage that requires a contingency staffing plan

ALRs were previously able to resume indoor, in-unit visitation, and may now also resume indoor visitation in a designated shared space such as a waiting room near the entrance of the residence. ALRs are subject to the same appropriate infection control and safety measures described above, except for the requirement that there are no COVID-19 cases in the past 14 days.

### **CareOne Lexington:**

- Total # of positive resident cases (cumulative, including fatalities): 75
- Total # of suspect or confirmed fatalities (included in the number above): 24
- Current resident census (as of 11/10/20): 121–1 of 4 units has been designated as a quarantine unit (21 current patients)
- Staff- 36 staff have tested (+) and all but 1 have completed their isolation period
- No current staffing needs; no critical PPE needs
- CareOne is quarantining all new admissions and testing these residents on day 3 postadmission and again between days 10 and 14 post-admission
- CareOne is currently set up for indoor visitation with the appropriate infection control measures in place.

### Pine Knoll:

- Total # of positive resident cases (cumulative, including fatalities): 52
- Total # of fatalities (included in the number above): 16
- Current resident census (as of 11/11/20): 72– there is 0 resident currently in quarantine
- Staff- At this time there have been 20 staff test (+) out of total of approximately 85 total staff; 1 non-clinical staff member is isolating at home
- Pine Knoll retested 100% of their staff and residents on 10/27/20 and 10/28/20
- Pine Knoll has nearly 2 months' supply of PPE on hand and recently created a new PPE storage area in their facility

### **Brookhaven:**

- Total # of positive resident cases (cumulative, including fatalities): 11
- Total # of fatalities (included in the number above): 3

- Current resident census (as of 11/11/20): 403 across Skilled Nursing (9), Assisted Care (34) and Independent Living (360)
- Staff- 19 staff have tested (+); all but 1 staff have completed their isolation periods at this time
- In August, Brookhaven removed 37 Skilled Nursing beds permanently, (previously 49 total beds, now 12 total SNF beds) and increased total Assisted Care units from 19 units to 49 units

## **Youville Place:**

- Total # of positive resident cases (cumulative, including fatalities): 21
- Total # of fatalities (included in the number above): 1
- Current resident census (as of 11/11/20): 79 across traditional assisted living (56) and a memory care unit (23)
- Staff- 11 staff have tested (+) of 61 staff; Youville is currently seeking more dietary/ wait staff

### **Artis Senior Living:**

- Total # of positive resident cases (cumulative, including fatalities): 0
- Total # of fatalities (included in the number above): 0
- Current resident census (as of 11/9/20): 31 (utilizing 2 of 4 units Artis is exclusively 'memory care')
- Staff- 4 staff have tested negative as a result of community or household exposures



CHARLES D. BAKER Governor

KARYN E. POLITO Lieutenant Governor

# The Commonwealth of Massachusetts

Executive Office of Health and Human Services Department of Public Health Bureau of Health Care Safety and Quality 67 Forest Street, Marlborough, MA 01752

MARYLOU SUDDERS Secretary

MONICA BHAREL, MD, MPH Commissioner

> Tel: 617-624-6000 www.mass.gov/dph

#### Memorandum

TO:	Long-Term Care Facilities
FROM:	Elizabeth Daake Kelley, MPH, MBA, Director Bureau of Health Care Safety and Quality
SUBJECT:	September Update to Caring for Long-Term Care Residents during the COVID-19 Emergency

DATE: September 15, 2020

The Massachusetts Department of Public Health (DPH) recognizes that providing care for individuals seeking treatment for Coronavirus Disease 2019 (COVID-19) may prove to be especially challenging for health care practitioners and facilities. As part of ongoing statewide preparations and to address the increase in COVID-19 cases, DPH is issuing this memorandum to long-term care facilities with recommendations for admitting residents and caring for residents with presumed or confirmed COVID-19 to help mitigate the spread of COVID-19. This update replaces the July 30 version and now includes a revised personal protective equipment chart in Appendix A.

All rest homes and nursing homes must be prepared to care for COVID-19 positive residents. Residents infected with COVID-19 may vary in severity from lack of symptoms to mild or severe symptoms. Symptoms may be mild and not require transfer to a hospital. All facilities are expected to follow the infection prevention and control practices recommended by DPH and the Centers for Disease Control and Prevention (CDC).

The following recommendations are consistent with Centers for Medicare and Medicaid Services (CMS) guidance released on April 2, 2020, which can be found here: <u>https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-guidance.pdf</u>.

### Screening of All Individuals

Long-term care facilities should be screening all individuals entering the facility, including healthcare personnel and visitors, for symptoms on a daily basis. In accordance with previously issued guidance, every individual regardless of reason for entering a long-term care facility should be asked about COVID-19 symptoms and must also have their temperature checked by another individual.

Long-term care facility personnel must be screened for symptoms at the beginning of every shift. If long-term care facility personnel were screened at the beginning of their shift and must then leave the facility and return during that shift, the long-term care facility personnel do not need to be rescreened upon re-entry to the facility.

Residents should be asked about COVID-19 symptoms and must have their temperatures checked a minimum of two times per day.

### Use of Personal Protective Equipment (PPE)

Long-term care facilities should ensure all staff are using appropriate PPE when they are interacting with residents, to the extent PPE is available and in alignment with DPH and CDC guidance on conservation of PPE. All long-term care facility personnel should wear a facemask while they are in the facility.

Full PPE, including N95 respirator or, if not available, facemask, eye protection, gloves and gown, should be worn per DPH and CDC guidelines for the care of any resident with known or suspected COVID-19 per CDC guidance on conservation of PPE. If any residents admitted for longer than fourteen days or staff are confirmed to be COVID-19 positive within the past fourteen days, healthcare personnel should wear additional PPE for the care of all residents, except COVID-19 recovered residents. Appendix A provides PPE guidance, based upon the resident's COVID-19 status.

When possible, all long-term care facility residents, whether they have COVID-19 symptoms or not, should cover their noses and mouths any time they leave their room and when they are in their room and staff are present. Such face coverings can include cloth and non-medical masks.

#### **Staffing**

DPH requires long-term care facilities to implement the following staffing recommendations to mitigate the risk of transmission within facilities.

- Ensure all staff can recognize the signs and symptoms of COVID-19 and that a procedure is in place for alerting the nurse responsible for the resident's care.
- Create separate staffing teams that are dedicated for residents that are COVID-19-positive.
- Exercise consistent assignments of staff to residents regardless of symptoms or COVID-19 status. This practice can help with detection of emerging condition changes.
- As much as possible, staff should not work across units or floors.
- Minimize the number of staff caring for each resident.
- Limit staff's onsite work to only one facility, whenever possible.

#### Separation of COVID-19 Positive Residents

Long-term care facilities must separate residents who are COVID-19 positive from residents who do not have COVID-19 or who have an unknown COVID-19 status. Whenever possible, long-term care facilities must establish a separate, dedicated wing or unit (hereafter "dedicated space") within the facility to care for COVID-19 positive residents. Facilities with dedicated COVID-19 space must be capable of maintaining strict infection control practices and testing protocols. Facilities must make every effort to have separate staffing teams for COVID-19-positive and COVID-19-negative residents

When possible, a long-term care facility should establish designated space, such as a room at the end of a unit or hallway or a dedicated unit or wing within the facility to care for recovered residents who tested positive for COVID-19, cared for in the dedicated space for fourteen days and are no longer exhibiting any symptoms of COVID-19. Staff are no longer required to use full PPE, only facemasks, when caring for such recovered residents.

#### **Updated Admissions**

When a long-term care facility resident is transferred from a long-term care facility to a hospital for evaluation of any condition, including but not limited to, COVID-19 care, each long-term care facility must accept the resident's return to the facility when the resident no longer requires hospital level of care.

Long-term care facilities shall not condition admission or return to the facility on COVID-19 testing or COVID-19 test results. If a test is not performed before hospital discharge, the long-term care facility should test the resident upon admission, if a test is available.

Awaiting the test results should not delay an individual's discharge from the hospital to the long-term care facility. Newly admitted or readmitted residents to a long-term care facility should be quarantined in a private room or dedicated quarantine space and monitored for symptoms of COVID-19 for fourteen days after admission to the

facility and should be cared for using all recommended COVID-19 PPE. If a resident receives a positive COVID-19 test result during the fourteen days of quarantine, the resident should be moved to a dedicated COVID-19 space.

Residents who are readmitted after less than 24 hours in a hospital do not need to be quarantined upon return.

#### Nursing Homes with Dedicated COVID-19 Space

Whenever possible, hospitalized patients who are confirmed to be infected with COVID-19 and require skilled nursing level of care should be admitted to a facility with a dedicated COVID-19 space.

DPH continues to work with state, federal and local partners on the outbreak of novel Coronavirus 2019 (COVID-19), caused by the virus SARS-CoV-2, and we continue to appreciate the essential role you have in responding to this evolving situation.

DPH strongly encourages all nursing homes in Massachusetts to monitor the Centers for Medicare & Medicaid Services (CMS) website and the Centers for Disease Control and Prevention (CDC) website for up-to-date information and resources:

- CMS website: <u>https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page</u>
- CDC website: https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html

Additionally, please visit DPH's website that provides up-to-date information on COVID-19 in Massachusetts: <u>https://www.mass.gov/2019coronavirus</u>.

## Appendix A

Personal Protective Equipment Used When Providing Care to Residents in Long Term Care\*\*\*

Resident Type	Recommended PPE
<b>COVID Negative* Residents</b> When there are resident** or staff case(s) identified within the last 14 days in the facility.	Full PPE to include Facemask, Face Shield/Goggles, Gown and Gloves. Gown use can be prioritized for high-contact resident care activities <sup>1</sup> . Gown and gloves must be changed between residents.
<b>COVID Negative* Residents When</b> <i>no</i> resident** or staff cases are identified within the last 14 days in the facility.	Facemask and Face Shield/Goggles
COVID-Recovered Residents (meet 14d/24h threshold clearance)	Facemasks only
COVID-Positive Residents	Full PPE to include N95 respirator or alternative (Facemask is acceptable if N95 respirator not available), Face Shield/Goggles, Gown and Gloves. Gown and gloves do not need be changed between residents.
Quarantined or Suspected Residents (i.e. New admission or exposed to a confirmed COVID case, symptomatic individual with test result pending)	Full PPE to include N95 respirator or alternative (Facemask is acceptable if N95 respirator not available, or if resident not known to have exposure to a confirmed COVID case), Face Shield/Goggles, Gown and Gloves. Gown and gloves must be changed between residents.

\*"Negative" refers to a resident who has never tested positive.

\*\*"Resident case" means a case that was acquired in the facility (i.e. not within 14 days of admission)

\*\*\*Individuals infected or co-infected with a communicable disease (such as *Clostridioides difficile*) should be cared for using appropriate PPE, changed between residents.

<sup>1</sup><u>https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html</u>

<u>Prioritizing gowns</u> for activities where splashes and sprays are anticipated (including aerosol-generating procedures) and high-contact resident care activities that provide opportunities for transfer of pathogens to hands and clothing of HCP, is recommended.

CDC provides these examples of high-contact resident care activities:

- Dressing
- Bathing/showering
- Transferring
- Providing hygiene
- Changing linens
- Changing briefs or assisting with toileting
- Device care or use: central line, urinary catheter, feeding tube, tracheostomy/ventilator
- Wound care: any skin opening requiring a dressing

https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html



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Lieutenant Governor

# Executive Office of Health and Human Services Department of Public Health Bureau of Health Care Safety and Quality 67 Forest Street, Marlborough, MA 01752

MARYLOU SUDDERS Secretary

MONICA BHAREL, MD, MPH Commissioner

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#### Memorandum

- TO: Nursing Home and Rest Home AdministratorsFROM: Elizabeth D. Kelley, MPH, MBA, Director Bureau of Health Care Safety and Quality
- **SUBJECT:** Updates to Visitation Conditions, Communal Dining and Congregate Activities in Long-Term Care Facilities during the COVID-19 Outbreak

DATE: September 14, 2020

The Massachusetts Department of Public Health (DPH) continues to work with state, federal and local partners on the outbreak of Coronavirus Disease 2019 (COVID-19), caused by the virus SARS-CoV-2, and we continue to appreciate the essential role you have in responding to this evolving situation.

This memorandum replaces the memorandum issued on August 17, 2020 and is effective as of September 25, 2020. This updated memorandum provides indoor visitation conditions.

The implementation of this guidance is contingent on Massachusetts meeting a range of public health metrics <u>https://www.mass.gov/info-details/reopening-massachusetts</u> Ongoing performance on these measures will inform additional reopening decisions.

#### Limitations on Long-Term Care Visitation:

Long-term care facilities may allow visits with residents to occur, provided that the social distancing and protection requirements described in detail below are followed. As much as possible, long-term care facilities should continue to use alternative electronic methods for virtual communication between residents and visitors, such as Skype, FaceTime, WhatsApp or Google Duo.

#### In-Person Visitation:

A long-term care facility may allow in-person visitation in a designated visitation space, provided that the long-term care facility implements all of the following safety, care, and infection control measures and policies:

- A resident who is suspected or confirmed to be infected with COVID-19 cannot participate in a visitation. A resident may be visited if: the resident has recovered from COVID-19; or the resident is currently quarantined after a recent hospital stay and is not suspected or confirmed to be infected with COVID-19, or the resident is not quarantined and has never tested positive for COVID-19.
- Prior to transporting a resident to the designated visitation space, the long-term care facility must screen the visitor for COVID-19 symptoms and check their temperature. Any individuals with symptoms of COVID-19 infection (fever equal to or greater than 100.0 F, cough, shortness of breath, sore throat, myalgia, chills or new onset of loss of taste or smell) will not be permitted to visit with a resident.
- Transport of a resident to and from the designated visitation space must be safe and orderly. At a minimum, safe transport means that the resident cannot be transported through any space designated as

COVID-19 care space or space where residents suspected or confirmed to be infected with COVID-19 are present. If health care personnel (HCP) expect to provide direct care to residents while transporting the resident or monitoring the visitation, HCP should wear appropriate PPE.

- The long-term care facility is not under a contingency staffing plan.
- A visitor must remain at least 6 feet from the resident and attending staff member(s) for the majority of the visit.
- Brief physical contact may be allowed if desired by both the resident and visitor. In order to reduce risk of transmission, individuals must:
  - Use alcohol-based hand sanitizer with at least 60% alcohol before and after contact;
  - Hug with faces in opposite directions; and
  - Limit the duration of close physical contact and avoid close face-to-face contact even when face masks are used.
- Staff, residents and visitors must wear a face mask for the duration of the visit.
- The long-term care facility must implement a schedule for frequent cleaning and disinfection of the designated visitation space, including cleaning high-touch surfaces using an appropriate EPA-registered disinfectant.

Any individual who enters the long-term care facility and develops signs and symptoms of COVID-19 such as fever, cough, shortness of breath, sore throat, myalgia, chills, or new onset loss of smell or taste within 2 days after exiting the long-term care facility or designated outdoor space must immediately notify the long-term care facility of the date they were in the facility, the individuals they were in contact with, and the locations within the facility they visited. Long-term care facilities should immediately screen the individuals who had contact with the visitor for the level of exposure and follow up with the facility's medical director or resident's care provider.

Whether or not a resident has visitors should not impact their access to fresh air and time outdoors. Long-term care facilities are encouraged to offer residents time outdoors provided that the physical distancing and protection requirements described in detail above are followed.

A long-term care facility may limit:

- The length of any visit, however, residents must be offered the opportunity to visit for no fewer than 30 minutes;
- The days on which visits will be permitted, provided that visits are offered on no fewer than five days of the week and one of the days must be on a weekend day;
- The hours during a day when visits will be permitted, provided that at least one day per week visits are offered outside of standard business hours;
- The number of times during a day or week a resident may be visited; and
- The number of visits occurring at the facility on a given day and may require visits to be scheduled in advance.

#### Designated Outdoor Visitation Space:

In addition to the in-person visitation conditions described above, the long-term care facility must:

- Ensure visits with a resident occur in a designated outdoor space; outdoor visits will be dependent on permissible weather conditions, availability of outdoor space, and the health and well-being of the resident.
- A long-term care facility staff member trained in such patient safety and infection control measures must remain immediately available to the resident at all times during the visit.

#### Designated Indoor Visitation Space:

In addition to the in-person visitation conditions described above, the long-term care facility must:

- Identify a designated space for visitation that is as close to the entrance as possible where visits can be socially distanced from other residents and minimize visitor impact in the facility.
- Ensure that ventilation systems operate properly, have been serviced in accordance with manufacturer recommendations and increase circulation of outdoor air as much as possible.
- Avoid visitation in resident rooms.

- A long-term care facility staff member trained in such patient safety and infection control measures must perform frequent safety checks with the resident during the visit.
- The unit, floor or care area where the resident lives must not have any confirmed or suspected COVID-19 cases in residents or staff in the past 14 days; however, notwithstanding this condition, if a facility determines that a confirmed or suspected case within the facility presents a risk for all units, the facility in its discretion may suspend indoor visitation.

Please note that if community transmission rates become high, DPH may amend the above visitation conditions.

#### Compassionate Care Visitation:

For compassionate care situations, including but not limited to an end-of-life situation, long-term care facilities must limit visitors in the facility to a specific room: either the resident's room, if the resident has a private room, or another location designated by the facility. Long-term care facilities must require visitors to perform hand hygiene. Decisions about visitation during an end-of-life situation should be made on a case-by-case basis, which should include careful screening of the visitor (including clergy, bereavement counselors, etc.) for any symptoms of COVID-19 and temperature checks. Individuals with symptoms of a respiratory infection (fever, cough, shortness of breath, sore throat, myalgia, chills or new onset of loss of taste or smell) should not be permitted to enter the longterm care facility at any time.

For visits to those who are in end-of-life situations, visitors should be allowed a time limited visit and be given a face mask if they do not have a face mask. For those visitors who are permitted to visit in compassionate care situations, the visitors must be restricted to the resident's room or other location designated by the facility.

#### **Exceptions to Visitor Limitations:**

<u>Health care personnel</u>: Long-term care facilities should follow CDC guidelines for the management of health care personnel who may have been exposed to COVID-19 which can be found at <u>https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html</u>

The nursing home or rest home must confirm that health care personnel do not have any signs or symptoms of COVID such as a cough, shortness of breath, or sore throat, myalgia, chills, or new onset loss of smell or taste and a fever by taking each healthcare personnel's temperature upon arrival. The health care worker's temperature must be below 100.0 °F for him or her to enter the facility and provide care.

Screening and temperature checks also apply to other health care personnel, including, but not limited to, hospice workers, dialysis technicians, nurse aides, nursing or other students in clinical training, dentists, podiatrists, psychiatrists, physical therapists, or Emergency Medical Service (EMS) personnel in non-emergency situations that provide care to residents. All health care personnel are permitted to come into the facility as long as they meet the CDC guidelines for health care personnel.

In emergency situations, EMS personnel should be permitted to go directly to the resident without undergoing screening or temperature checks.

<u>Parents and Guardians</u>: Indoor visitation is permitted for parents and guardians of residents who are 22 years old and younger and outdoor visitation is not appropriate. Parents and guardians of residents must be screened and have their temperature checked upon entry into the facility and must wear a face mask at all times while in the facility.

<u>Family Education</u>: Long-term care facilities may allow family members or caregivers to participate in discharge education and training in order to safely learn how to care for their loved one at home. A family member or caregiver must be screened and have their temperature checked upon entry into the facility and must wear a face mask at all times while in the facility. Discharge education and training should include only necessary participants who must remain at least 6 feet apart when not engaging in activities such as demonstrating resident transfers.

#### **Dining and Group Activities:**

Long-term care facilities may provide outdoor entertainment and activities on the ground of the facility if the facility meets the following conditions:

- The long-term care facility has adequate supplies of personal protective equipment and essential cleaning and disinfection supplies to care for residents;
- The long-term care facility is not under a contingency staffing plan;
- Only residents who have fully recovered from COVID-19, those residents not in isolation for suspected or confirmed COVID-19 status, and those residents not currently quarantined due to exposure or new admission can participate in the outdoor group activities;
- Participating residents must remain at least 6 feet apart.

Long-term care facilities may introduce communal dining if the facility meets the following conditions:

- The long-term care facility has adequate supplies of personal protective equipment and essential cleaning and disinfection supplies to care for residents;
- The long-term care facility is not under a contingency staffing plan;
- The number of residents at each table must be limited with residents spaced at least 6 feet apart; and
- Only residents who have fully recovered from COVID-19, those residents not in isolation for suspected or confirmed COVID-19 status, , and those residents not currently quarantined due to exposure or new admission can participate in communal dining.

Long-term care facilities may utilize indoor exercise or gym space for the purposes of physical, occupational or other clinically indicated therapy if the facility meets the following conditions:

- The long-term care facility has adequate supplies of personal protective equipment and essential cleaning and disinfection supplies to care for residents;
- The long-term care facility is not under a contingency staffing plan;
- Residents must be spaced at least 6 feet apart;
- The long-term care facility has implemented procedures for cleaning and disinfecting the space and equipment in between each resident's use; and
- Only residents who have fully recovered from COVID-19, are in quarantine due to being a new admission, and those residents not in isolation for suspected or confirmed COVID-19 status can participate in clinically indicated therapy.

When using indoor exercise space in the long-term care facility, facilities must follow the same safety standards and checklists for fitness centers and health clubs, including but not limited to, maintaining social distancing between residents, hygiene protocols, staffing and operations, and cleaning and disinfection. The guidance may be found here: <u>https://www.mass.gov/info-details/reopening-massachusetts</u>

#### **Ombudsman Program and Legal Representation:**

Residents have the right to access the Ombudsman program and to consult with their legal counsel. When in-person access is not available due to infection control concerns, facilities must facilitate resident communication (by phone or another format).

DPH strongly encourages all long-term care facilities in Massachusetts to monitor the CMS and CDC website for up-to-date information and resources:

- CMS website: https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page
- CDC website: <u>https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html</u>

Additionally, please visit DPH's website that provides up-to-date information on COVID-19 in Massachusetts: https://www.mass.gov/2019coronavirus.